



Tips For The Administration Of Ear Drops

1. This is often a two-person job, when the patient is a young child.
2. Place the patient's head on a flat surface, such as your lap or couch with the ear that needs drops facing up.
3. Gently pull the pinna of the affected ear (see diagram) up and out. The purpose of this is to open the ear canal up as wide as possible.
4. Place 3 (three) drops into the patient's ear canal.
5. Firmly pump on the tragus (see diagram). This will help drops pass through the ear canal. Pump on the tragus for approximately 10 seconds.
6. Once again gently pull the pinna of the affected ear up and out.
7. Place 2 (two) or 3 (three) more drops into the ear canal and again firmly pump on the tragus for 10 seconds.
8. Place a cotton ball in the ear to prevent the drops from draining out of the ear.
9. Repeat this method on the opposite side if your doctor has instructed you to use these drops in both ears.
10. If you have any questions, please do not hesitate to call the office closest to you.

